Information Sheet
Attachment Matters: UK Survey of Routinely Used Interventions for Improving Attachment in Infants and Children

The Survey
We are carrying out the first national survey to gauge which interventions are being used to support children with or at risk of attachment problems in the UK. We are interested in collecting information about interventions working with parents and caregivers as well as interventions working directly with children.

We want to reach all types of services that work with children aged 0-13 years with or at risk of attachment problems and/or their caregivers. This includes local authorities, child and adolescent mental health services, voluntary agencies, fostering and adoption agencies, education, health visiting services, and private organisations and individuals.

The survey will ask you to tell us about the attachment interventions you have used in the last year, along with the following details:

- How many children you have provided the intervention to
- The age range of the children
- Whether the child was looked after, adopted or cared for by their biological parent(s)
- The type of referral source
- What training and supervision you received to deliver the intervention
- Basic information on the nature of the intervention.

Taking Part
Who?
We would like to hear from anyone working therapeutically with children with attachment difficulties and/or their caregivers. Our focus is on face-to-face working, and not online provision.

How?
The completion of the survey should take no more than 20 minutes. The survey will be carried out online using the secure data platform REDCAP; therefore, the survey can be completed anywhere, including on mobile phone or tablet. It will also be possible to take part using a paper form.

Privacy
Survey responses will be anonymous, and we ask that you do not supply any personal information, or information which could identify another person. We will ask you for the name of your service and your role, as well as the location, in order to geographically map service provision. No individuals will be identified in any published materials arising from this project.

The information we collect will be kept in accordance with the Data Protection Act 2018, GDPR, and UCL standard operating procedures. Information will be anonymous, and will be stored by UCL.

Benefits
The survey results will give us a picture of what attachment interventions are currently being used in the UK, and where they are available. On the basis of this research we will identify where research funding should be directed to better establish the evidence base for these important interventions.

By doing this survey you will also help establish where across the UK provision is lacking and where additional funding is most needed. The survey will enable providers to guide families and children towards services in their area and strengthen the case for additional services by providing national standards for attachment focused interventions.

Our Team
Led by Professor Pasco Fearon at UCL and by Professor Barry Wright at the University of York, and in collaboration with researchers from the Leeds and York Partnership NHS Foundation Trust (LYPFT).

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Contact
If you have any questions, please get in touch with us at e.amoah@ucl.ac.uk or to learn more, follow our social media accounts on Twitter, Facebook and Instagram @Attachment2020.